

Providing older adults and caregivers access to services and peace of mind.

Without the experienced guidance of a professional, decisions and choices can be overwhelming. You can get help with one phone call to The Care Team.

Whether you are in crisis or want to plan ahead, you can



Kristen Maloney, MMFT Masters Level Clinician

- receive the appropriate in-home care
- learn what questions to ask when going to the doctor
- understand and take medications correctly
- be confident that your loved one is living in the right place for them
- get the benefits you need
- alleviate family stress and feel better

For more information, call (615) 743-3436; or email kmaloney@fiftyforward.org visit fiftyforward.org